



SCHEDULE AND ONLINE REGISTRATION AT:
WWW.ARMOURHEIGHTSCOMMUNITYCENTRE.COM
 FOR FURTHER INFORMATION, CONTACT: ahcc@yipoh.com

EARLY LEARNING

CREATIVE MINDS & BODIES JR. (Tuesday & Thursday)

Instructor: Brooke Yasskin, Rooms 1&2

This class will provide an enriched play based learning program where children and their parent/caregiver will be introduced to new and interesting themes and concepts every week. A variety of play centres will encourage independent and cooperative exploration. Expect developmentally appropriate crafts, books and storytelling, games and gross motor activities. Music and movement will anchor the program. The instructor will lead a lively and inclusive circle time at the start and close of each class.

CODE	PROGRAM	AGES	DAY	DATES	TIMES	COST
T171	Creative Minds & Bodies Jr.	2 – 3½ Years	Tues.	March 19 – May 28	9:30 - 11:00 am	\$132.00 (11 Weeks)
T172	Creative Minds & Bodies Jr.	2 – 3½ Years	Thurs.	March 21 – May 30	9:30 - 11:00 am	\$132.00 (11 Weeks)

PLEASE NOTE:

- No class April 23
- Children must be the stated age by the start of the first class.
- Children must be accompanied by a parent or caregiver.
- DUTY DAYS REQUIRED (Help with after-class tidy-up)



FITNESS, MOVEMENT & ENRICHMENT

Please Note:

- All children must be accompanied by a parent or caregiver.
- No refunds for missed classes.
- DUTY DAYS REQUIRED (After-class tidy-up)

DROP-IN, MINI-GYM AND PLAY (Monday)

Instructor: Marie Diamond, Downstairs Activity Room

This specialty program is the perfect combination of free play and structure. This class will focus on learning beginner and age-appropriate gymnastics skills in a fun and creative way. Through songs, circuits and games, your child will improve motor skills and learn to follow basic instructions. This 2-hour class will start and end with free-play time. There's no need to rush in the morning and no worries if you can't stay the whole class, you won't miss the super-fun, organized play planned in the first hour.

CODE	PROGRAM	BIRTHDATES	DAY	DATES	TIME	COST
T201	Drop-In, Mini-Gym & Play	18 Months – Pre-K	Mon.	March 18 – May 27	9:30 – 11:30 am	\$135 (9 Wks)

No Classes April 1 & May 20

KINDERGYM (Wednesday)

Instructor: Marie Diamond, Downstairs Activity Room

Kindergym is a program for your child to develop motor coordination using large and small apparatus, hoops, balls, etc. The program is structured to suit each age group.

CODE	PROGRAM	BIRTHDATES	DAY	DATES	TIME	COST
T203	Kindergym	18 Months - 2½Years	Wed.	March 20 – May 29	9:30 – 10:15 am	\$132 (11 Wks)
T204	Kindergym	12 - 18 Months	Wed.	March 20 – May 29	10:15 – 11:00 am	\$132 (11 Wks)
T205	Kindergym	4 - 12 Months	Wed.	March 20 – May 29	11:00 – 11:45 am	\$132 (11 Wks)

DROP-IN KINDERPLAY (Thursday) | CLASS IS CANCELLED

Instructor: Marie Diamond, Downstairs Activity Room

Indoor playtime for children under the age of 4 (Pre-K) accompanied by a parent or caregiver. Enjoy unstructured play using our kindergym equipment including slides, climbing items, tunnels, balls and ride on toys, etc. An instructor will be present to provide supervision. Everyone **MUST** register to participate.

CODE	PROGRAM	BIRTHDATES	DAY	DATES	TIME	COST
T206	Drop-In Kinderplay	Infants to Pre-Kindergarten	Thurs.	March 21 – May 30	9:30 – 12 Noon	\$132 (11 Wks)

GYM SKILLS FOR LITTLE KIDS (Monday)

Parent/Caregiver and Tots' Gym for 2 to 4 year-olds

Instructor: Marie Diamond, Downstairs Activity Room

This program partners parents or caregivers with their tots helping your child to reach developmental milestones in a safe and structured environment. This class combines active learning and immersive play through circuit training, basic gymnastics and enjoyable games. Tots and their parent or caregiver share in the excitement as they work through each class as partners. The tots experience stimulating exercises which range from mat activities to co-operative parachute games. Develop various skills on our bars, vault, floor and beams. Additional benefits of being involved in gymnastics at this young age are both the opportunity to socialize with other children of the same age, and to provide children with an outlet in which to focus their incredible energy. Sharing, following simple directions and social skill development are all-important aspects of a Parent or Caregiver/Tot Program. Come and join our exciting new program in the main gym on Thursday afternoons.

CODE	PROGRAM	BIRTHDATES	DAY	DATES	TIME	COST
T207	Gym Skills For Little Kids	2 – 4 Yrs.	Wed.	March 27 – June 5	2:30 – 3:30 pm	\$132 (11 Wks)

DANCE & MUSIC

IMPORTANT MESSAGE:

A drop-off, Introduction to Ballet/Jazz class for 3 – 4 Year-olds is available through the Children’s programs.

TINY DANCER & ME (Tuesday)

Instructor from L’Dance, Downstairs Activity Room

Tiny Dancer & Me: This class is an introduction to creative movement and dance for little ones with their dance partner parent or caregiver. Using music, props and games, our instructor will lead a high energy class that will have you and your child dancing to the beat.

LITTLE ONES LOVE MUSIC | LITTLE MAESTROS | MUSICAL BABIES (Thursday)

Instructor: Ariana Ribero (Room 4)

Looking for a joyful, engaging music class for you and your little one? Our very talented instructor, Ariana, is an expert in the field of early childhood musical education as well as a voice instructor and a musician. Ariana is able to play the piano, ukulele, recorder, glockenspiel and more. She was trained at the Royal Conservatory of Music. Expect songs, instruments, bouncing, marching, scarves and a variety of activities aimed at developing a sense of rhythm and a love of music.

FAMILY MUSIC & MOVEMENT (Saturday)

Instructor: Instructor from L’Dance, Downstairs Activity Room

Enjoy a mixed age class for families where movement, music, rhymes and props will engage both adults and little ones in 45 minutes of dance and play.

CODE	PROGRAM	BIRTHDATES	DAY	DATES	TIME	COST
T301	Tiny Dancer & Me	New Walkers to 3 Years	Tue.	March 19 – May 28	9:45 – 10:30 am	\$132 (11 Wks)
T303	Little Ones Love Music	12 – 24 Months	Thurs.	March 21 – May 30	9:30 – 10:15 am	\$132 (11 Wks)
T304	Little Maestros	18 – 36 Months	Thurs.	March 21 – May 30	10:15 – 11:00 am	\$132 (11 Wks)
T305	Musical Babies	4 – 12 Months	Thurs.	March 21 – May 30	11:15 – 11:55 pm	\$132 (11 Wks)
T306	Family Music & Movement*	New Walkers to 3½ Yrs.	Sun.*	March 17 – June 2	10:00 – 10:45 am	\$108 (9 Wks)

NOTE:

- All children must be accompanied by a parent or caregiver.
- No refunds for missed classes.
- *Children can be joined in the class by both parents. No Classes March 31, May 12 & 19



COOKING



MY LITTLE CHEF, MY LITTLE GOURMET & MY LITTLE FOODIE
Instructor: Fati Kemahli, Room 3

You and your tot will spend a fun, safe hour preparing delicious, nutritious snacks and dishes in our kitchen. Under the enthusiastic direction of our engaging instructor, you will assist your child in essential tasks like measuring, pouring, mixing, kneading, chopping and selecting ingredients. Children will explore new foods, learn a little bit about healthy eating, practice working cooperatively and end each class with a healthy, tasty treat that they can proudly say they have actually made.

CODE	PROGRAM	BIRTHDATES	DAY	DATES	TIME	COST
T801	My Little Chef	2 - 3½ Yrs.	Wed.	March 27 – May 29	9:30 - 10:30 am	\$170 (10 Wks)
T802	My Little Gourmet	2 - 3½ Yrs.	Wed.	March 27 – May 29	10:45 – 11:45 am	\$170 (10 Wks)
T803	My Little Foodie	2 - 3½ Yrs.	Wed.	March 27 – May 29	2 :00 – 3:00 pm	\$170 (10 Wks)

NOTE:

- All children must be accompanied by a parent or caregiver.
- DUTY DAYS: Each parent/caregiver will be required to sign up to help the instructor clean up after class.
- No refunds for missed classes.
- Pre-order a cookbook for a cost of \$10 ea. delivered at the last class.

PARENT & CHILD COOKING

Instructor: Dylan Trevisan, Room 3

Start off your weekend with a hands-on cooking experience with Chef Dylan. You and your little one will make tasty, healthy creations from scratch, measuring, mixing, chopping and pouring together. Enjoy an hour of culinary creativity with a real-life chef who knows how to make cooking a fun learning experience.

CODE	PROGRAM	BIRTHDATES	DAY	DATES	TIME	COST
T804	Parent & Child Cooking	3 – 5 Yrs.	Sat.	April 6 – May 11	10:00 – 11:00 am	\$120 (6 Wks)

- Price is for one adult and one child.



TINY TOTS' PROGRAM SCHEDULE SPRING 2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT/SUN
9:30	Drop-In, Mini-Gym & Play <i>(Downstairs)</i> 18 Mths - Pre-K (9:30 – 11:30)	Creative Minds & Bodies Jr. <i>(Rooms 1&2)</i> 2 - 3½ Yrs. (9:30 – 11:00 am)	Kindergym <i>(Downstairs)</i> 18 Months - 2½Years (9:30 – 10:15 am) My Little Chef <i>(Room 3)</i> 2 - 3½Yrs. (9:30 – 10:30 am)	Creative Minds & Bodies Jr. <i>(Rooms 1&2)</i> 2 - 3½ Yrs. (9:30 – 11:00 am) Little Ones Love Music <i>(Room 4)</i> 12 – 24 Months (9:30 – 10:15 pm)		
9:45		Tiny Dancer & Me <i>(Downstairs)</i> New Walkers - 3 Yrs (9:45 – 10:30 am)				
10:00						Parent & Child Cooking With Chef Dylan (Saturday) <i>(Room 3)</i> 3 – 5 Yrs. (10:00 – 11:00 am) Family Music & Movement (Sunday) <i>(Downstairs)</i> New Walkers – 3½ Years (10:00 – 10:45 am)
10:15			Kindergym <i>(Downstairs)</i> 12 - 18 Months (10:15 – 11:00 am)	Little Maestros <i>(Room 4)</i> 18 - 36 Months (10:15 – 11:00 am)		
10:45			My Little Gourmet <i>(Room 3)</i> 2 - 3½Yrs. (10:45 – 11:45 am)			
11:00			Kindergym <i>(Downstairs)</i> 4 – 12 Months (11:00 – 11:45 pm)			
11:15				Musical Babies <i>(Room 4)</i> 4 - 12 Months (11:15 am – 12:00 pm)		
2:00			My Little Foodie <i>(Room 3)</i> 2 - 3½Yrs. (2:00 – 3:00 pm))	
2:30	Gym Skills For Little Kids <i>(Downstairs)</i> 2 - 3½Yrs. (2:30 – 3:30 pm)					