



WINTER/SPRING 2018

Registration From November 13th

PLAY AND LEARN

CREATIVE MINDS & BODIES
 CREATIVE MINDS & BODIES JR
 FANTASY FITNESS

Instructor: Donna Perlus

FITNESS AND MOVEMENT

KINDERGYM
 LITTLE SPORT

Instructor: Marie Diamond

MUSIC AND MORE

Instructor: Libby Cavanaugh

Register Online At:

www.armourheightscommunitycentre.com

For Further Information, Contact:

ahcc@rogers.com

PLAY AND LEARN

CREATIVE MINDS & BODIES
 CREATIVE MINDS & BODIES JR
 FANTASY FITNESS

Instructor: Donna Perlus

Creative Minds and Bodies combines learning themes of pre-school and physical activity. Enrich your child's world in a creative and stimulating environment. Each week the children will be involved in fun and educational concepts for math, writing and reading through games, crafts, stories and physical activity.

Fantasy Fitness uses your child's imagination in this fun filled, action packed class. Join Donna as she creates a fantasy world through active games and fitness with music.

CODE	PROGRAM	AGES	DAY	DATES	TIMES	COST
T171	Creative Minds & Bodies JR	18 Mths. - 3-1/2 Yrs.	Tues.	Jan. 9 - March 6	9:30 - 11:00 am	\$180/9wks
T172	Fantasy Fitness	2-1/2- 4 Yrs.	Tues.	Jan. 9 - March 6	1:00 - 2:00pm	\$90/9wks
T173	Creative Minds & Bodies JR	18 Mths. - 3-1/2 Yrs.	Wed.	Jan. 10 - March 7	9:30 - 11:00 am	\$180/9wks
T174	Creative Minds & Bodies	2-1/2- 4 Yrs.	Wed.	Jan. 10 - March 7	1:00 - 2:30 pm	\$180/9wks
T175	Creative Minds & Bodies JR	18 Mths. - 3-1/2 Yrs.	Thur.	Jan. 11 - March 8	9:30 - 11:00 am	\$180/9wks

NOTE:

- Children must be the stated age by the start of the first class.
- Participants may register for one or more than one (any combination) of CM&B JR classes.
- Children in T171, T173 & T175 must be accompanied by a parent or caregiver.
- DROP OFF WITH DUTY DAYS required for children in T172 & T174.

FITNESS AND MOVEMENT

KINDERGYM

LITTLE SPORT

Instructor: Marie Diamond

Kindergym: Come inside our specially-designed kinder gym set-up! The gym is constantly changing, giving your child a stimulating and challenging experience in a safe and fun environment. Your child will be introduced to socializing with other children and engaging in group activities while developing listening and active skills like jumping, rolling and balancing. They will learn the basics of gymnastics and motor skills under attentive and caring supervision. The class is a brilliant stepping stone to our kinder transition classes for various age groups. Each child must be accompanied by a parent or caregiver.

Little Sport is a structured program for children to take part in active games and sports in a non-competitive setting. Children will learn the basic skills used in such sports as floor hockey, baseball, and soccer and a variety of cooperative games.

CODE	PROGRAM	BIRTHDATES	DAY	DATES	TIME	COST
T201	Kindergym	18 Mths. - 2-1/2 Yrs.	Mon.	Jan. 8 - March 5	9:30 – 10:15 am	\$80/8 Weeks
T202	Little Sport	2-1/2 - 3-1/2 Yrs.	Mon.	Jan. 8 - March 5	10:30 – 11:15 am	\$80/8 Weeks
T203	Kindergym	12 - 18 Mths.	Tues.	Jan. 9 - March 6	9:30 - 10:15 am	\$90/9 Weeks
T204	Kindergym	18 Mths. - 2-1/2 Yrs.	Thurs.	Jan. 11 - March 8	9:30 - 10:15 am	\$90/9 Weeks
T205	Kindergym	8 Mths. - 14 Mths.	Thurs	Jan. 11 - March 8	10:30 – 11:15 am	\$90/9 Weeks
T206	Kindergym	8 Mths. - 14 Mths.	Thurs.	Jan. 11 - March 8	11:15 - 12:00 Noon	\$90/9 Weeks
T207	Little Sport	2 - 3 Yrs.	Thurs.	Jan. 11 - March 8	1:30 - 2:30 pm	\$90/9 Weeks

NOTE:

- Children must be the stated age by the start of the first class.
- All children under 2-1/2 yrs. must be accompanied by a parent or caregiver.
- DROP OFF WITH DUTY DAYS required for children aged 2-1/2+ yrs.
- No Class on February 19th.

MUSIC AND MORE

Instructor: Libby Cavanaugh

Music and More is a program that promotes physical and intellectual development through melody, rhythm, rhyme and movement. Research has shown that musical training strengthens language acquisition, memory and numeracy skills. This program will give children a head start toward those skills.

In our classes, the instructor will be using songs, instruments like drums, shakers, and tambourines, as well as puppets, scarves, scrunchy balls, hula hoops and the parachute, to introduce children to the joys and enriching effects of music.

Classes are specifically adapted to each age group, taking into account physical abilities and developmental needs.

CODE	PROGRAM	BIRTHDATES	DAY	DATES	TIME	COST
T301	Music 1	12 - 18 Months	Mon.	Jan. 8 - March 5	9:30 - 10:15 am	\$80/8 Weeks
T302	Music 2	18 - 24 Months	Mon.	Jan. 8 - March 5	10:30 - 11:15 am	\$80/8 Weeks
T303	Music 3	2 - 3 Years	Mon.	Jan. 8 - March 5	1:15 - 2:00 pm	\$80/8 Weeks
T304	Music 4	6 - 12 Months	Wed.	Jan. 10 - March 8	9:45 - 10:15 am	\$90/9 Weeks
T305	Music 5	3 - 6 Months	Wed.	Jan. 10 - March 8	10:30 - 11:00 am	\$90/9 Weeks

NOTE:

- Children must be the stated age by the start of the first class.
- All children must be accompanied by a parent or caregiver.
- No Class February 19th.

Register Online At

www.armorheightscommunitycentre.com

2140 Avenue Road, Toronto, ON M5M 4N7